



# Health Facts

Department of Paediatric Rehabilitation

## Spinal Rehabilitation Clinic

### Spinal Rehabilitation Clinic

The clinic is held every Thursday morning. It aims to meet the specific needs of children with spinal conditions. These include:

- Early identification and intervention of presenting problems
- Achieving the best health outcomes for your child
- Linking you and your child to any services they require

### When will my child need to come to clinic?

Appointments are made to meet the individual child's needs. Generally, children are seen every six months prior to starting school and annually thereafter. Doctors or other team members may need to see your child more frequently. If required, this will be discussed with you at the time. We advise that you allow up to three hours for these appointments.

### How does the clinic run?

You will be given an appointment time on a Thursday morning. Please notify the clinic receptionist when you arrive. According to your child's individual needs he or she may be seen by a number of doctors, therapists or nurses at each visit. This could mean that your time at the clinic is longer than anticipated.

### Where do I go?

The clinic is on the 5<sup>th</sup> floor of the Hay Street Building. A lift can be accessed from Hay Street and is located on the 3<sup>rd</sup> floor. Please refer to the map of PMH on the PMH web site [www.pmh.health.wa.gov.au](http://www.pmh.health.wa.gov.au) (follow the link "Visiting PMH").

### Parking

Please access the parking maps from the PMH web site under the "Visiting PMH" link. Here you will find a map showing the City of Subiaco Car Parks. Remember when you park that your appointment may take up to three hours.

### What if I cannot make an appointment?

Please ring the clinic receptionist on (08) 9340 8886 as soon as you may be aware that you cannot make the clinic time allocated to you. This will enable us to make another arrangement that is more suitable for you and your child.

### Scripts for medication

If your child's script does not cover the time period between appointments it is possible to request another script. Please phone the receptionist on (08) 9340 8886 to arrange this. You will need to allow at least one week as your child's doctor will be required to access his or her medical file before being able to write another script.

### Continence products

You should discuss your child's requirements with the Spinal Liaison Nurse at your clinic visit. However should you require more continence products in between clinic visits you can call one of the nurses on (08) 9340 7912 or (08) 9340 7140. Please allow two weeks for ordering.

## Roles of Rehabilitation Team Members

### Rehabilitation Paediatrician

- Responsible for ongoing medical management
- Coordinates treatment and therapies for patients

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Government of Western Australia  
Department of Health



# Health Facts

## **Clinical Nurse Specialist**

- Oversees spinal rehabilitation services for families
- Provides specialist advice for spinal rehabilitation patients including continence and wound management
- Coordinates the transition program to assist children move into the adult sector

## **Spinal Liaison Nurse**

- Coordinates spinal rehabilitation clinic
- Provides inpatient and outpatient support including continence management

## **Clinic Nurse**

- Weighs and measures children at each clinic visit

## **Physiotherapist**

- Assesses and monitors mobility and movement of children
- Responsible for ordering any orthotic devices that may be required
- Plans exercise programs if required

## **Occupational Therapist**

- Assesses and monitors children's play, self-care and daily living tasks

## **Speech Pathologist**

- Assesses and manages communication skills including speech, language, voice, fluency, hearing and conversational skills

## **Clinical Psychologist**

- Assesses and monitors development, thinking skills and appropriate behaviours

## **Social Worker**

- Provides support, counselling and assistance with practical issues

## **Orthotist**

- Provides and fits orthotic appliances used to support, align, prevent, or correct deformities if required

## **Liaison Teacher**

- Provides follow-up for school related issues
- Provides a link between health team and the school community

## **Urologist**

- A paediatric surgeon who investigates and treats bladder disorders should they arise

## **Neurosurgeon**

- A paediatric surgeon who investigates and treats disorders of the nervous system

## **Other**

Your child may be referred to other specialists or for other investigations; the spinal liaison nurse will assist with these referrals and coordinate them where possible.

Produced by: Paediatric Rehab © March 2010 CAHS 0607  
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